



ferredoxin to generate pyruvate (6). They further reversed another reaction, the breakdown of  $\alpha$ -ketoglutarate. With the participation of ferredoxin and three enzymes, the citric acid cycle could be fully reversed (7), fixing carbon dioxide and synthesizing acetyl-CoA and pyruvate. The team recognized the role of such a cycle in anaerobic environments, such as the rumen of cattle or the depths of a lake, where it would enable organisms to synthesize amino acids from organic acids and carbon dioxide. The cycle, now called the Arnon–Buchanan cycle (8), was found in *Chlorobium*, the bacterium that Buchanan would later sample in a Norwegian lake.

Buchanan's cycle immediately encountered controversy, however, challenging the assertion of his Berkeley colleague, Melvin Calvin, that all carbon dioxide was fixed through the Calvin–Benson cycle. Acceptance of the Arnon–Buchanan cycle took about a quarter century (9) and "only then did it appear in textbooks," Buchanan says.

Since that time, the Arnon–Buchanan cycle has been found in various extreme environments, such as deep ocean hydrothermal vents. (10) "This cycle has taken directions I never thought possible," Buchanan says.

### Thioredoxin and Chloroplasts

Hoping to find more evidence for carbon fixation via the Arnon–Buchanan cycle, Buchanan then turned his attention to the role of ferredoxin in chloroplasts, the photosynthetic centers of plant cells. Using acetyl-CoA as a reaction substrate with ferredoxin yielded no results. His group then added sugar phosphates as substrates and found that fructose 1,6-bisphosphate increased the uptake of carbon dioxide by chloroplast enzymes in the presence of reduced ferredoxin and ATP. Tracing the chemical path of fructose utilization, Buchanan found that the enzyme fructose 1,6-bisphosphatase was central to this increase and that the enzyme was activated by reduced ferredoxin. (11) "There was no indication that this or any other enzyme could be regulated in this manner," he says.

Part of this discovery was fortuitous. Buchanan had added a small amount of magnesium to the reaction, which turned out to be a cofactor for the fructose 1,6-bisphosphatase enzyme in chloroplasts (12). "Had I used a saturated concentration of magnesium," he says, "we would have missed it." Buchanan's findings were published in 1967. Ten years later, with post-doctoral scholars Peter Schürmann and Ricardo Wolosiuk, Buchanan found that ferredoxin's partner in regulating photosynthetic enzyme activity (13) is a protein called thioredoxin. Ferredoxin reduced by light can reduce thioredoxin via an enzyme Buchanan named ferredoxin–thioredoxin reductase. The reduced thioredoxin activates enzymes of the chloroplast, which are deactivated by a different mechanism in the dark.

### Beyond Chloroplasts

Thioredoxin's importance as a redox regulator of enzymes was not limited to chloroplasts. In the early

1990s, Buchanan asked whether thioredoxin participated in plant functions outside the chloroplast. He focused on the process of seed germination. "Seeds and redox had never gotten together before but since I had never really studied plants formally, I could ask simple questions, which may be an advantage," he says.

Buchanan considered the redox state of dried seed proteins. When quiescent, he supposed, seed proteins would be in a stable oxidized state. Exposing seeds to water would reduce the seed proteins, breaking them down to serve as nutrients in germination. In collaboration with graduate student Tom Johnson and visiting scientist Karoly Kobrehel, Buchanan found that reduced thioredoxin served as a redox signal to promote protein solubilization and activate enzymes functional in germination (14).

Thioredoxin has since been found to regulate enzymes throughout biology in bacterial and animal cells alike (15). As a cellular signal, thioredoxin has also found practical application. Overexpression of thioredoxin in barley accelerates germination by about a day (16). "That doesn't sound impressive unless you're in the malt business," Buchanan says. Thioredoxins can also mitigate allergens in wheat (17) and may play a role in cancer and Parkinson's disease research. "In cancer, thioredoxin is the bad guy because it encourages cell division," he says. "In Parkinson's, it's the good guy because you want revitalization."

Most recently, Buchanan and colleague Peggy Lemaux have collaborated with a group at McGill University in Montreal to study the role of redox regulation on the genetic activity of barley. The team identified a gene (*TLP8*) that influenced malting quality (18). The protein produced by the gene binds to  $\beta$ -glucan polysaccharides, which are insoluble, and assists the filtering process in beer production. The researchers found that differential expression of the gene in different barley varieties affected  $\beta$ -glucan binding, as did the redox state of the protein.

Despite his work on plant and grain biochemistry, Buchanan does not keep a garden or brew his own beer. "And I grew up on a farm!" he says. "I'm embarrassed to say that. I really enjoy what I do too much to dilute my time."

In 1999, Buchanan was at home and noticed some difficulty moving his right-side limbs. He went to the hospital and learned he was having a stroke that progressed until he lost almost all mobility on his right side. He says that change in diet and adopting an exercise regimen, which includes regular swimming, are to thank for his recovery. After years of physical therapy, he regained much of his mobility.

Buchanan and his wife have established awards to encourage scientific enthusiasm and excellence. At Wake Forest University, his wife's alma mater, an award honors her father, William E. Speas, who taught physics there for decades. At Emory and Henry, two awards named for Buchanan's ancestors are given to students, typically from Appalachia, studying biology and chemistry. At Berkeley, Buchanan has raised funds to establish endowments for four annual lectures and

two graduate fellowships. Close to his original home, Buchanan has also provided an endowed fund for the perpetual upkeep of a family cemetery in Virginia that dates to around 1800. "I feel good about that," he says, "thinking that my ancestors who helped settle the area deserved it."

Buchanan retired from active teaching and research in 2013, but still spends 6 hours a day at the office. Looking back on his career, Buchanan reflects on the factors that brought him success: "Follow your nose, ignore turf, and go with science as it unfolds. If you do that and have a bit of luck, you've got it made."

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